## WHAT IS CLAIMED IS:

1. A stress-reducing formulation for treating a meat-producing animal, the formulation comprising:

0 wt% to about 15 wt% gamma aminobutyric acid (GABA). 5 0 wt% to about 60 wt% kava kava root. 0 wt% to about 20 wt% St. Johns Wort (0.3% hypericum), about 7 wt% to about 40 wt% damiana 4/1, about 5 wt% to about 70 wt% valerian root, 0 wt% to about 5 wt% lithium arginate, 10 about 0.1 wt% to about 5 wt% niacinamide, about 0.1 wt% to about 3 wt% inositol, 0 wt% to about 5 wt% 5-hydroxytryptophan, 0 wt% to about 50 wt% passion flower, 0 wt% to about 30 wt% corydalis. 15 0 wt% to about 20 wt% jujube, 0 wt% to about 20 wt% skullcap, and

20 2. A formulation according to claim 1 comprising:

25

0 wt% to about 40 wt% glycine.

about 3 wt% to about 15 wt% gamma aminobutyric acid (GABA), about 5 wt% to about 60 wt% kava kava root, about 3 wt% to about 20 wt% St. Johns Wort (0.3% hypericum), about 7 wt% to about 40 wt% damiana 4/1, about 5 wt% to about 70 wt% valerian root, about 0.1 wt% to about 5 wt% lithium arginate, about 0.1 wt% to about 5 wt% niacinamide, and about 0.1 wt% to about 3 wt% inositol.

- 3. A formulation according to claim 1 comprising:
  about 7 wt% to about 40 wt% damiana 4/1,
  about 5 wt% to about 70 wt% valerian root,
  about 0.1 wt% to about 5 wt% niacinamide,
  about 0.1 wt% to about 3 wt% inositol,
  about 0.1 wt% to about 5 wt% 5-hydroxytryptophan,
  about 5 wt% to about 50 wt% passion flower, and
  about 4 wt% to about 40 wt% glycine.
- 4. A formulation according to claim 1 comprising:
  about 15 wt% to about 22 wt% damania,
  about 25 wt% to about 50 wt% valarian,
  about 15 wt% to about 39 wt% passion flower,
  about 1 wt% to about 5 wt% 5-hydroxytryptophan, and
  about 5 wt% to about 20 wt% glycine.
- 5. A formulation according to claim 1 comprising:
  about 8 wt% to about 15 wt% St. Johns wort,
  about 15 wt% to about 25 wt% damania,
  about 25 wt% to about 40 wt% valarian,
  about 5 wt% to about 20 wt% corydalis,
  about 1 wt% to about 15 wt% jujube, and
  about 1 wt% to about 15 wt% skullcap.
- 25 6. A formulation according to claim 1 which further comprises at least one ingredient selected from the group consisting of suma, goto kola, lemon balm, hops, ginger, taurine, nicotinamide, and magnesium citrate.
  - 7. A formulation according to claim 1 wherein the meat-producing animal is swine.

- 8. A method for reducing the stress in a meat-producing animal, the method comprising administering to the meat-producing animal an effective amount of the stress-reducing formulation of claim 1 prior to a stressful event.
- 9. A method according to claim 8 wherein the stress-reducing formulation is administered to the animal starting from about 72 to about 96 hours prior to the stressful event.
- 10. A method according to claim 9 wherein the stress-reducing formulation is administered to the animal up to the stressful event.
  - 11. A method according to claim 8 wherein the stress-reducing formulation comprises:

15

20

25

30

about 3 wt% to about 15 wt% gamma aminobutyric acid (GABA), about 5 wt% to about 60 wt% kava kava root, about 3 wt% to about 20 wt% St. Johns Wort (0.3% hypericum), about 7 wt% to about 40 wt% damiana 4/1, about 5 wt% to about 70 wt% valerian root, about 0.1 wt% to about 5 wt% lithium arginate, about 0.1 wt% to about 5 wt% niacinamide, and about 0.1 wt% to about 3 wt% inositol.

12. A method according to claim 8 wherein the stress-reducing formulation comprises:

about 7 wt% to about 40 wt% damiana 4/1, about 5 wt% to about 70 wt% valerian root, about 0.1 wt% to about 5 wt% niacinamide, about 0.1 wt% to about 3 wt% inositol, about 0.1 wt% to about 5 wt% 5-hydroxytryptophan, about 5 wt% to about 50 wt% passion flower, and about 4 wt% to about 40 wt% glycine.

13. A method according to claim 8 wherein the stress-reducing formulation comprises:

about 15 wt% to about 22 wt% damania, about 25 wt% to about 50 wt% valarian, about 15 wt% to about 39 wt% passion flower, about 1 wt% to about 5 wt% 5-hydroxytryptophan, and about 5 wt% to about 20 wt% glycine.

14. A method according to claim 8 wherein the stress-reducing formulation comprises:

about 8 wt% to about 15 wt% St. Johns wort, about 15 wt% to about 25 wt% damania, about 25 wt% to about 40 wt% valarian, about 5 wt% to about 20 wt% corydalis, about 1 wt% to about 15 wt% jujube, and about 1 wt% to about 15 wt% skullcap.

- 15. A method according to claim 8 wherein the stress-reducing formulation further comprises at least one ingredient selected from the group consisting of suma, goto kola, lemon balm, hops, ginger, taurine, nicotinamide, and magnesium citrate.
  - 16. A method according to claim 8 wherein the meat-producing animal is swine.
- 17. Use of a formulation to reduce the stress in a meat-producing animal, the stressreducing formulation comprising:

0 wt% to about 15 wt% gamma aminobutyric acid (GABA), 0 wt% to about 60 wt% kava kava root, 0 wt% to about 20 wt% St. Johns Wort (0.3% hypericum), about 7 wt% to about 40 wt% damiana 4/1, about 5 wt% to about 70 wt% valerian root, 0 wt% to about 5 wt% lithium arginate, about 0.1 wt% to about 5 wt% niacinamide,

5

15

20

about 0.1 wt% to about 3 wt% inositol,

0 wt% to about 5 wt% 5-hydroxytryptophan,

0 wt% to about 50 wt% passion flower,

0 wt% to about 30 wt% corydalis,

0 wt% to about 20 wt% jujube,

0 wt% to about 20 wt% skullcap, and

0 wt% to about 40 wt% glycine.

- 18. A use according to claim 17 wherein the stress-reducing formulation further comprises at least one ingredient selected from the group consisting of suma, goto kola, lemon balm, hops, ginger, taurine, nicotinamide, and magnesium citrate.
  - 19. A use according to claim 17 wherein the meat-producing animal is swine.

15

5